

Curriculum - BA Program, 111 Academic Year

111學年度學士班課程規劃表

College : Education and Sports Health Department : Department of Physical Education, Sports Competition Division

教育與運動健康學院-體育學系-運動競技組

Category 類別	Module 模組	Course Title 課程名稱	Course code 科目代碼	R/E 選別	Credits 學分	Freshmen 一年級		Sophomore 二年級		Junior 三年級		Senior 四年級		minimum credits for this category 類別最低 應修	minimum credits for this module 模組最低 應修	Remarks 備註
						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下			
University Required 校訂必修		Time for Advisor 導師時間		R 必	0	0	0	0	0	0	0	0	0	0	0	
Holistic Education Program of Study 全人教育課程	core courses 核心課程	Intro. to U.Studies 大學入門		R 必	2	2								32	8	
		Philosophy of Life 人生哲學		R 必	4			2	2							
		Professional Ethics - Sports Ethics 專業倫理-體育倫理		R 必	2						2					
		Physical Education 體育		R 必	0	0	0	0	0							First Year, First Semester: Basketball First Year, Second Semester: Volleyball Second Year, First Semester: Baseball/Softball Second Year, First Semester: Soccer 一上:籃球、一下:排球、 二上:棒壘球、二下:足球
	Fundamental Skills Courses 基本能力課程	Chinese 國文		R 必	4	2	2							12	12	
		Foreign Language 外國語文		R 必	8	2	2	2	2							At least 4 credits of English. If the English language ability is reach CEFR B2 level, student can apply to take 2nd Foreign languages instead of English. 英文至少4學分，但通過全民英檢中高級複試者，得免修英文，選選修讀第二外語課程。
		Information Literacy 資訊能力素養		R 必	0											There will be no school-wide compulsory courses. Students need to take related courses or pass the school's basic information ability test as a graduation condition. 不開設全校性必修課程，改以學生需通過本校資訊基本能力檢定為畢業條件，檢定方式採認證或修讀相關課程方式抵免。
	General Education Courses 通識涵養課程	Humanities & Arts 人文藝術		G 通	4									12	12	
		Nature & Technology 自然科技		G 通	4											"History and Culture" is incorporated into the General Education Curriculum. Courses under the "History and Culture" category are offered within the three course domains, and students are required to complete at least 2 credits in this category.
		Social Sciences 社會科學		G 通	4											「歷史與文化」納入通識涵養課程，於三領域課程中開設「歷史與文化」學群課程，學生至少於學群課程中修習2學分。
	Required Physical Education Courses 系必修學科課程		運動生理學 Physiology of Exercise	02507	R 必	2		2						72	24	
			教育概論 Introduction to Education	06060	R 必	2		2								
		體育統計學 Statistical Methods in Physical Education	14421	R 必	2		2									
		運動心理學 Psychology of Physical Education	02506	R 必	2			2								
		運動傷害與急救 Sport Injuries and First Aid	05099	R 必	2			2								
		運動生物力學 Biomechanics of Sports	18550	R 必	2				2							
		運動與營養 Sports and Nutrition	02510	R 必	2				2							
		運動訓練學 The Sports Training Method	36230	R 必	2					2						
		運動指導法 Teaching Method of Sports	18946	R 必	2					2						
		運動與禁藥 Sports and Drugs	15036	R 必	2						2					
	運動教練理論與實際 Theory and Practice of Coaching	04378	R 必	2							2					
	體育原理 Principle of Physical Education	02972	R 必	2								2				
Required Physical Education Courses 系必修術科課程	Specialty Event Courses 專長項目	專長項目(田徑) S.E.(Track & Field)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)	32		
		專長項目(籃球) S.E.(Basketball)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)			
		專長項目(游泳) S.E.(Swimming)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)			
		專長項目(棒球) S.E.(Baseball)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)			
		專長項目(足球) S.E.(Soccer)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)			
		專長項目(跆拳道) S.E.(Tae Kwando)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)			
		專長項目(划船) S.E.(Rowing)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)			
		專長項目(射擊、射箭) S.E.(Shooting&Archery)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)			

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						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下																								
General Skills Courses 一般 術科		專長項目(擊劍) S.E.(Fencing)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)	16																							
	General Skills Courses 一般 術科		田徑 Track and Field	01374	R 必	4	2	2										24																			
			游泳 Swimming	02302	R 必	4	2	2													16																
			舞蹈 Dancing	02649	R 必	2		2																24													
			桌球 Table Tennis	03639	R 必	2			2																		16										
			網球 Tennis	02643	R 必	2				2																				24							
			羽球 Badminton	03638	R 必	2						2																					16				
Elective Physical Education Academic Courses 系選修學科 課程		解剖生理學 Anatomy Physiology	07596	S 選	2	2								24		Elective Academic Courses: A Minimum of 8 Credits (Including Cross-Group/Department Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective course credit hours. Note 3: Courses taken within the department but outside the required or elective courses of the student's designated group, as well as courses from other departments (excluding the General Education Center), can be counted as elective courses. 選修學科至少8學分 (含跨組/系) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與外系課程(非通識中心)課程, 可列為選修課程。																					
		健康與體育概論 Introduction to Health and Physical Education	12274	S 選	2			2									16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。																		
		競技戰術與戰略 Competitive Tactics and Strategy	14058	S 選	2			2												16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。															
		競技運動心理學 Sports Psychology for Competitive Athletes	14843	S 選	2			2															16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。												
		運動貼紮 Athletic Taping	18551	S 選	2					2																16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。									
		運動團隊管理 Team Management Sport	16543	S 選	2						2																		16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。						
	Elective Physical Education Skills Courses 系選修術科 課程		體操 Gymnastics	02979	S 選	2		2																									24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。		
		運動健身指導 Fitness Coaching	21310	S 選	2			2						24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。																					
		足球 Soccer	01587	S 選	2				2								24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。																		
		棒壘球 Baseball and Softball	05872	S 選	2				2											24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。															
		國術 Chinese Martial Art	02073	S 選	2				2														24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。												
		柔道-英 Judo	03647	S 選	2					2																24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。									
		潛水 Scuba Diving	18791	S 選	2					2																			24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。						
		保齡球 Bowling	06468	S 選	2					2																						24					Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。
		劍道 Kendo	05354	S 選	2					2																											
	龍舟 Dragon Boat	36855	S 選	2						2			24																					Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。			
Holistic Education Program of Study (A) 全人教育課 程學分數		32	Department Required courses (B) 院系必修必 選學分數	Requi red 必修		72		Electi on (C) 選修 學分數	Advanced Eleciton in department 專業選修		24			Credits for Graduation A+B+C 畢業學分數		128																					

Note 1: A total of 128 credits are required for graduation.

Note 2: Elective courses serve as a reference for students to plan their curriculum. The actual course offerings will apply, and duplicate courses may not be taken for credit.

Note 3: National Defense Education and Military Training courses are categorized as university electives. These courses can only be used to offset military service obligations and cannot be counted toward graduation credits.

註1: 畢業學分為128學分。

註2: 選修課程供學生規劃課程參考, 依實際開課為準, 不得重覆修課。

註3: 全民國防教育軍事訓練 課程為校選修課程, 僅使用兵役折抵, 不得列計畢業學分。