

Curriculum - BA Program, 112 Academic Year

112學年度學士班課程規劃表

College : Education and Sports Health Department : Department of Physical Education, Sports Competition Division

教育與運動健康學院-體育學系-運動競技組

Category 類別	Module 模組	Course Title 課程名稱	Course code 科目代碼	R/E 選別	Credits 學分	Freshmen 一年級		Sophomore 二年級		Junior 三年級		Senior 四年級		minimum credits for this category 類別最低 應修	minimum credits for this module 模組最低 應修	Remarks 備註																					
						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下																								
General Skills Courses 一般 術科		專長項目(擊劍) S.E.(Fencing)		R 必	32	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)	4 (七)	4 (八)	16																							
	General Skills Courses 一般 術科		田徑 Track and Field	01374	R 必	4	2	2										24																			
			游泳 Swimming	02302	R 必	4	2	2													16																
			舞蹈 Dancing	02649	R 必	2		2																24													
			桌球 Table Tennis	03639	R 必	2			2																		16										
			網球 Tennis	02643	R 必	2				2																				24							
			羽球 Badminton	03638	R 必	2						2																					16				
Elective Physical Education Academic Courses 系選修學科 課程		解剖生理學 Anatomy Physiology	07596	S 選	2	2								24		Elective Academic Courses: A Minimum of 8 Credits (Including Cross-Group/Department Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective course credit hours. Note 3: Courses taken within the department but outside the required or elective courses of the student's designated group, as well as courses from other departments (excluding the General Education Center), can be counted as elective courses. 選修學科至少8學分 (含跨組/系) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與外系課程(非通識中心)課程, 可列為選修課程。																					
		健康與體育概論 Introduction to Health and Physical Education	12274	S 選	2			2									16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。																		
		競技戰術與戰略 Competitive Tactics and Strategy	14058	S 選	2			2												16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。															
		競技運動心理學 Sports Psychology for Competitive Athletes	14843	S 選	2			2															16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。												
		運動貼紮 Athletic Taping	18551	S 選	2					2																16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。									
		運動團隊管理 Team Management Sport	16543	S 選	2						2																		16		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。						
	Elective Physical Education Skills Courses 系選修術科 課程		體操 Gymnastics	02979	S 選	2		2																									24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。		
		運動健身指導 Fitness Coaching	21310	S 選	2			2						24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。																					
		足球 Soccer	01587	S 選	2				2								24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。																		
		棒壘球 Baseball and Softball	05872	S 選	2				2											24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。															
		國術 Chinese Martial Art	02073	S 選	2				2														24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。												
		柔道-英 Judo	03647	S 選	2					2																24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。									
		潛水 Scuba Diving	18791	S 選	2					2																			24		Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。						
		保齡球 Bowling	06468	S 選	2					2																						24					Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。
		劍道 Kendo	05354	S 選	2					2																											
	龍舟 Dragon Boat	36855	S 選	2						2			24																					Elective Skills Courses: A Minimum of 16 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少16學分 (含跨組) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符合選修學科之學分數。 註3: 修讀系內非本組必修或選修與進修部運休學程術科課程, 可列為選修課程。			
Holistic Education Program of Study (A) 全人教育課 程學分數		32	Department Required courses (B) 院系必修必 選學分數	Requi red 必修		72		Electi on (C) 選修 學分數	Advanced Eleciton in department 專業選修		24			Credits for Graduation A+B+C 畢業學分數		128																					

Note 1: A total of 128 credits are required for graduation.

Note 2: Elective courses serve as a reference for students to plan their curriculum. The actual course offerings will apply, and duplicate courses may not be taken for credit.

Note 3: National Defense Education and Military Training courses are categorized as university electives. These courses can only be used to offset military service obligations and cannot be counted toward graduation credits.

註1: 畢業學分為128學分。

註2: 選修課程供學生規劃課程參考, 依實際開課為準, 不得重覆修課。

註3: 全民國防教育軍事訓練課程為校選修課程, 僅使用兵役折抵, 不得列計畢業學分。