

Curriculum - BA Program, 113 Academic Year

113學年度學士班課程規劃表

College : Education and Sports Health Department : Department of Physical Education, Physical Education Division

教育與運動健康學院-體育學系-體育學組

Category 類別	Module 模組	Course Title 課程名稱	Course code 科目代碼	R/E 選別	Credits 學分	Freshmen 一年級		Sophomore 二年級		Junior 三年級		Senior 四年級		minimum credits for this category 類別最低 應修	minimum credits for this module 模組最低 應修	Remarks 備註
						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下			
Required Physical Education Courses 系必修術 科課程	Specialty Event 專長 項目	專長項目(舞蹈) S.E.(Dance)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)			36	Specialty Students: Must complete 24 credits in their specialty courses. Additionally, they are required to earn 12 credits from the remaining 9 courses, which cannot overlap with their specialty courses. Non-Specialty Students: Must complete 36 credits of required skills courses. Note 1: Non-specialty students may choose to enroll in one "Specialty Event" course through a manual enrollment process. Prior approval from the course instructor is required. Furthermore, students must complete the prerequisite first-semester course before proceeding to the second semester. 1.專長生：專長項目必修24學分，餘9項中須修滿12學分，但不得與其專長項目重覆。 2.非專長生，術科必修36學分。 註1：非專長可擇一加選「專長項目」課程，採人工加簽制，需先獲得課程教師同意，且需修讀先修上學期，才可修讀下學期。	
		專長項目(桌球) S.E.(Table Tennis)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(羽球) S.E.(Badminton)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(網球) S.E.(Tennis)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(柔道) S.E.(Judo)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(舉重) S.E.(Weight Lifting)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(拳擊) S.E.(Boxing)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		田徑 Track and Field	01374	R 必	4	2	2									
	General Skills Courses 一般 術科	體操 Gymnastic	02979	R 必	2	2										
		游泳 Swimming	02302	R 必	4	2	2									
		舞蹈 Dancing	02649	R 必	4	2	2									
		體能訓練 Strength and Conditioning	18548	R 必	4	2	2									
		棒壘球 Baseball and Softball	05872	R 必	4			2	2							
		籃球 Basketball	02953	R 必	4			2	2							
		國術 Chinese Martial Art	02073	R 必	2				2							
		足球 Soccer	01587	R 必	2					2	2					
排球 Volleyball	02166	R 必	2						2	2						
Elective Physical Education Academic Courses 系選修學 科課程	應用運動解剖學 Kinesiology	12577	S 選	2		2								24	Elective Academic Courses: A Minimum of 12 Credits (Including Cross-Group/Department Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective course credit hours. Note 3: Courses taken within the department but outside the required or elective courses of the student's designated group, as well as courses from other departments (excluding the General Education Center), can be counted as elective courses. 選修學科至少12學分 (含跨組/系) 註1：部份課程採隔年開課方式開課。 註2：選修即可自行決定要修與否，唯必須符合選修學科之學分數。 註3：修讀系內非本組必修或選修與外系課程(非通識中心)課程，可列為選修課程。	
	運動心理技能訓練 Psychology Skill Training in Sport	36107	S 選	2			2									
	健康與體育概論 Introduction to Health and Physical Education	12274	S 選	2				2								
	體育新聞學 Sports Journalism	02975	S 選	2				2								
	體育教學策略 Sports Teaching Strategies	14839	S 選	2				2								
	體育教材教法 Sports Teaching Methods	18945	S 選	2				2								
	運動指導法 Teaching Method of Sports	18946	S 選	2					2							
	運動數據應用與比賽表現分析-英 Data Analytics in Sports: Applications, Prospects, and Match Performance	36854	S 選	2						2						
	運動賽事導演製作與實務-英 Sports event director production and practice	36107	S 選	2							2					
	運動數位媒體製作 Sport Digital Media Production	23524	S 選	2							2					
運動處方 Exercise Prescription	14060	S 選	2								2					
Elective Physical Education Skills Courses 系選修術 科課程	桌球 Table Tennis	03639	S 選	2		2								12	Elective Skills Courses: A Minimum of 12 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少12學分 (含跨組) 註1：部份課程採隔年開課方式開課。 註2：選修即可自行決定要修與否，唯必須符合選修學科之學分數。 註3：修讀系內非本組必修或選修與進修部選修學科課程，可列為選修課程。	
	網球 Tennis	02643	S 選	2		2										
	運動健身指導 Fitness Instruction	21310	S 選	2			2									
	羽球 Badminton	03638	S 選	2					2							
	高爾夫 Golf	00078	S 選	2					2							

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						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下			
		保齡球 Bowling	06468	S 選	2					2						
		潛水 Scuba Diving	18791	S 選	2					2						
		保齡球 Bowling	06468	S 選	2					2						
		劍道 Kendo	05354	S 選	2					2						
		瑜伽-英 Yoga	09541	S 選	2					2						
Holistic Education Program of Study (A) 全人教育課 程學分數		32	Department Required courses (B) 院系必修必 選學分數	Requi red 必修	72			Electi on (C) 選修 學分 數	Advanced Electi on in depart ment 專業選修		24			Credits for Graduation A+B+C 畢業學分數		128

Note 1: A total of 128 credits are required for graduation.

Note 2: Elective courses serve as a reference for students to plan their curriculum. The actual course offerings will apply, and duplicate courses may not be taken for credit.

Note 3: National Defense Education and Military Training courses are categorized as university electives. These courses can only be used to offset military service obligations and cannot be counted toward graduation credits.

註1：畢業學分為128學分。

註2：選修課程供學生規劃課程參考，依實際開課為準，不得重覆修課。

註3：全民國防教育軍事訓練課程為校選修課程，僅使用兵役折抵，不得列計畢業學分。